

P R O S P E C T U S



NEW ZEALAND  
COLLEGE OF  
CHIROPRACTIC

*graduating hands, hearts & minds*

# MINN



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## YOUR EDUCATION

Students at the New Zealand College of Chiropractic receive a thorough grounding in the exploration of the principles that underpin chiropractic. This focuses on the synergistic relationship between the philosophy, science and art of chiropractic.

The philosophy of chiropractic explores the connection between the body's inborn intelligence and its overall wellbeing. This understanding is paramount as you become more involved in the life-changing benefits of chiropractic. Personal interactions you will have with lecturers, classmates and your patients will prepare you for a fulfilling career as a chiropractor.

The Technique Department is dedicated to bringing to you a wide range of well-established chiropractic techniques. A hands-on approach is experienced throughout the programme from your first technique class. The variety of techniques learned will enable you to help a variety of patients that will be served in the Chiropractic Centre and beyond.

The one year pre-chiropractic university-based requirements ensure grounding in basic sciences relevant to chiropractic: anatomy, physiology, microbiology, chemistry and physics. During the first two years of the chiropractic programme, emphasis is placed on the study of neuromusculoskeletal, spinal and visceral anatomy, physiology, philosophy and pathology. You will be continually expanded as you explore the human body in this integrative curriculum.

Clinical study is undertaken in the last two years of the programme. A spectrum of topics is covered including diagnosis, diagnostic imaging, nutrition and paediatrics.

During the clinical component of the programme, students gain thorough experience in patient care as they serve an internship, under close supervision in the Chiropractic Centre. You will be guided and inspired by dedicated faculty members.

The College's utilisation of technology enhances your educational experience. These tools include a wireless campus. All learning activities are designed to develop critical thinking, professional leadership skills and a commitment to personal and professional development through lifelong learning.

You will be guided, nurtured and stimulated, unleashing your passion for the profession and the people you will serve both during your studies and after graduation.

The College offers continuing education programmes to its graduates, and keeps in close contact with our Alumni.



**“Awesome experience!  
The people, the lecturers,  
the Admissions staff all  
make it wonderful. You are  
not just another number; you  
are part of the chiropractic  
family. The life experience  
that I have gained so far  
is immeasurable.”**  
**- Susan Steinhardt, student**

# HAN

## YOUR CHIROPRACTIC CENTRE

One feature of your education is the internship experience in our patient-centered Chiropractic Centre. During this time you will provide chiropractic care to patients using modern techniques, state-of-the-art analytical and adjusting equipment, based on the latest research. Registered practicing chiropractors dedicated to teaching the next generation of chiropractors will be by your side to ensure excellence in education and in the care of patients. This intimate learning environment will be one where you are being viewed as a colleague working together with supervisors for the betterment of the patient.



Patient care starts with the acknowledgement of the self-healing, self-regulating, natural recuperative powers of the body. The responsibilities of a primary health care provider are incorporated in all patient interactions. This approach includes: lifestyle and wellness promotion, health assessment, diagnosis and management of the patient's health care needs and goals. When necessary the doctor of chiropractic consults with, or refers patients to other health care providers.



When indicated, patients receive chiropractic adjustments. These are gentle, specific and safe for all people regardless of age. The warm, inviting reception area highlights a children's play area, while a dedicated child's room with a 'little people' size chiropractic table rounds out our family focus.



Your clinical experience is complemented by coursework in real-world skills such as business skills in establishing a successful practice, effective office management, marketing your services, and community relations.

This empowering education, focused on the 'why' and the 'how' of chiropractic propels you forward for professional success as a doctor of chiropractic.

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# RIGHTS

## THE LOCATION

New Zealand is in the South Pacific and consists of two main islands. It is a stable English-speaking country with a population of four million people. Internationally, it is known for the beauty of the landscape and the culture of the Maori – New Zealand's first nation people. The cities are clean, open and lively, with Auckland in particular showing many Pacific and Asian influences. New Zealand's oceans, mountains and open spaces provide many opportunities for adventure.



**“After researching several chiropractic colleges, I came to New Zealand as it is success-focused, and a place where I was a person, not a number, and where I developed personally.”**

**- Christy Oppenlander, graduate**

Auckland, known as the ‘city of sails’, is in the north of the North Island. It is New Zealand's largest and most cosmopolitan city with a population of 1.3 million. The city life enjoys a wide range of cultures, and has daily flights to Australia, Asia, USA and Europe.

Auckland is only a few hours away from the magical Lake Taupo and the Ruapehu ski fields. Auckland has three harbours, two mountain ranges, 48 volcanic cones and more than 50 islands. The climate is mild.

There are 22 different parks within the Auckland region including the famous Auckland Domain. Auckland has a great night life and many sporting and concert attractions. Students often find part-time work in a range of local businesses.

Auckland's best beaches can be accessed from Tamaki Drive. Here you can hire skates or a bike to cruise the cycle path that leads to Mission Bay and St Heliers. The surf beaches of Piha and Raglan are a great day trip.

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## COURSE REQUIREMENTS

The Bachelor of Chiropractic is a 480 credit degree (with a 120 credit pre-requisite programme in basic sciences). The total programme is of 5 years duration: one year in pre-requisite study at your chosen tertiary institution and four years within the Bachelor of Chiropractic programme. The degree programme consists of a combination of 7.5 and 15 credit courses covering course work, practical work and a major clinical component. The Bachelor of Chiropractic has two major structural components: pre-clinical programme for the first two years and clinical programme for the final two years. Entry into the clinical programme requires the successful completion of all pre-clinical courses.

College life is a culmination of lectures, practical tutorials and seeing patients as interns in the Chiropractic Centre. The degree includes the principles and practice of chiropractic, basic sciences, chiropractic clinical sciences, behavioural and social sciences and ethics.



Applicants may be accepted into the chiropractic programme if they have completed the pre-requisite requirements, which are 120 credits at level 5 as follows:

- **Anatomy and Physiology** 30 credits
- **Chemistry (General or Organic)** 15 credits
- **Biological Chemistry** 15 credits
- **Microbiology** 15 credits
- **Biophysics** 15 credits
- **Elective papers** 30 credits



If you need a stronger science background to enter the Auckland University of Technology (AUT) or University of Canterbury Pre-Chiropractic Programme, bridging courses are available from these institutions.

Applicants are expected to have performed to a high academic level. Interpersonal skills are considered highly important. An understanding of chiropractic is preferable.

Good English language skills are essential. Those students for whom English is a second language, must provide documentation of their English language proficiency. Our preferred English language test is IELTS academic module. Applicants must achieve an overall band score of 7.5, with no individual band less than 7.



For updates and changes, please visit our website [www.chiropractic.ac.nz](http://www.chiropractic.ac.nz).

## C H E C K   U S   O U T

To pursue a career in chiropractic you must apply for the limited places available and be successful in our selection process. Contact the College to have an application form mailed to you, or download one from our website. Applicants are either interviewed in person or by telephone. Shortly after selection interviews, you will be notified of your application status. The College has one intake per year, in February.

Come and experience the New Zealand College of Chiropractic for yourself. Bring your family and spend a day on campus, or even make it a holiday in Auckland. While on campus you will be able to tour our facilities, discuss your educational and career goals with our faculty, plus you will interact with students, sit in on classes and gain a glimpse of College life.



You are invited to:

- ✓ Attend an Open Day held on campus
- ✓ Participate in one of the several career night events held across New Zealand, Australia, Canada and elsewhere
- ✓ Schedule a personal visit

For further details of these and other opportunities please contact the College on **+64 9 526 6789**, email us at **info@nzchiro.co.nz** or visit our website **www.chiropractic.ac.nz**.

There has never been a better time to be a chiropractor.





H A N D S



H E A R T S



M I N D S

## O U R M I S S I O N

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To provide an inspired educational programme that graduates chiropractic leaders committed to the highest standards of professional excellence in the philosophy, science and art of chiropractic.



NEW ZEALAND  
COLLEGE OF  
CHIROPRACTIC

*graduating hands, hearts & minds*

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## WELCOME

Congratulations on choosing chiropractic as a career! In today's society, people demand a broad spectrum of options with their health. More and more people are making a decision to be active in their healthcare decisions and choose a more natural, holistic and vitalistic form of healthcare. Chiropractic was founded on these values and is leading that revolution in terms of public utilisation, research, government recognition and more importantly improved quality of life. The New Zealand College of Chiropractic embraces the principles of integrity, vision, gratitude, excellence and love and brings them forth in a contemporary way. Our graduates are ready to help their communities to achieve their health and wellness potential through chiropractic care.

The New Zealand College of Chiropractic was founded in 1994 and has enjoyed tremendous growth throughout its history. We have a state of the art facility that creates an optimal learning environment for our students. Our College enjoys a reputation for ground breaking research that is vitalistic and subluxation based and for our international faculty that is all engaged in active learning. Our clinics are also renowned for their hands-on learning, exposure to essential techniques and a high level of real patient experiences which prepares our students to be successful in their career as a doctor of chiropractic. As a result students are coming from all over the world to participate in our inspired curriculum.

Accredited by both the Council on Chiropractic Education Australasia (CCEA) and the New Zealand Qualifications Authority (NZQA), the College is well credentialed to meet your educational needs. As a student you are eligible to access full tuition fee loans from the New Zealand government and a range of scholarships are also available. Our graduates are committed to leadership in the science, philosophy and art of chiropractic and as a result enjoy success in practice, teaching and research. Career opportunities are plentiful with graduates in high demand both in New Zealand and abroad.

Thank you for inquiring about a career in chiropractic and about studying at the New Zealand College of Chiropractic. Our students, faculty and staff, coupled with a culture of service and excellence, are what makes the College a great place to be.

**Dr Eric Russell**

*President*



# W E L C O M E

The New Zealand College of Chiropractic is the only private chiropractic training institution in Australasia. Chiropractic is a registered health profession legally recognised in a growing number of countries worldwide.

Chiropractors are primary health care professionals who are required to possess a sound workable knowledge and understanding of the body, of health and disease, and to recognise conditions and diseases that require co-management or referral to other health care providers.

Chiropractic care has numerous benefits for overall human health and performance, although chiropractors are often consulted for spinal related problems. A growing body of research is validating the results enjoyed under chiropractic care.

Through careful analysis, a chiropractor's primary clinical aim is to examine the person for a condition known as a vertebral subluxation, and to correct the spine with spinal adjustments. Subluxations adversely impact the nerve system and the function and vitality of the body.

You will graduate from the College with a Bachelor of Chiropractic (BChiro) after completing four years of fulltime study, including clinical work in the College's Chiropractic Centre during the final two years of study. Basic science studies required for admission include a year's prior study at a university.

A genuine desire to help people is essential to professional success as is the ability to communicate with a wide variety of people.

**"Chiropractic is certainly not a career, but a lifestyle. The College is inspiring, exciting and highly motivating. I can highly recommend it to anyone looking for a rewarding challenge."**

**- Zac Dowker, graduate**





As the College only teaches chiropractic, students and faculty know each other and there is a strong sense of community. A range of social activities organised throughout the year include the halfway ball, sports tournaments and various social activities. Student representation is ensured through the New Zealand Chiropractic Students' Association (NZCSA) which is active in many aspects of College life.

A feature of College life are the experiential camps 'Life 101' and 'DC2B'. These have proven to be life-changing experiences for those who have participated.

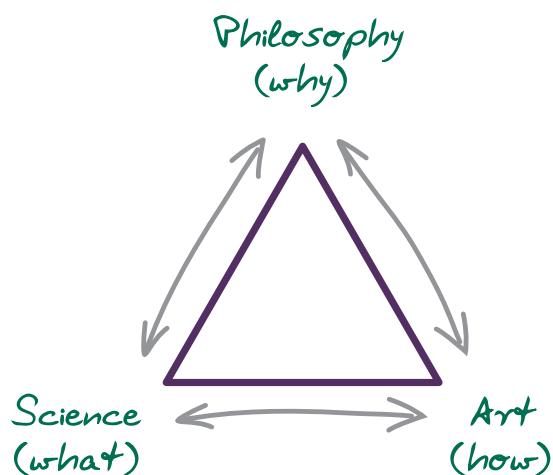
# H H A A N

OUR PHILOSOPHY

Welcome to philosophy (the love of wisdom). Welcome, in particular, to the philosophy of chiropractic. It is philosophy that considers the nature of existence, of human beings and of their interaction with our environment.

At the New Zealand College of Chiropractic we recognize the expression of an inborn organising intelligence in the human body. This inborn (innate) intelligence animates, heals and coordinates

YOU and all of your life processes. This vitalistic philosophy helps to understand the mind-body connection.



Vitalism developed in the 17th and 18th centuries in contrast to the then growing thoughts of a 'machine-like' (Newtonian) view of life. The natural philosophers of that day embraced the notion that whatever the material nature, there had to be some kind of 'vital force' animating living substances.

Today, cutting-edge science continues to offer new ways of exploring the phenomenon of life and the concept of an inborn organising wisdom. In fact, this science is considered 'ahead of its time'.

"The passion and inspiration of the faculty at the College is like nothing I have ever experienced. The curriculum has been thoughtfully designed by visionary staff, who not only understand the future of Chiropractic, but who have integrated the science, art and philosophy of healing into one of the most balanced educations available."

- Cameron Quillian, student

The philosophy of chiropractic focuses on the body's inborn potential to maintain and restore its own health. The body constantly adapts to internal and external environmental changes thus allowing it to survive and thrive. The nerve system (the brain and spinal cord) either directly or indirectly coordinates all the information being transmitted from the brain to the tissues of the body. It also integrates all external environmental changes coming to the brain from the outside. This information integration ensures the function of the body, from the complexity of inter-related body systems to individual cellular functions. Any interference with the nerve system impairs normal function and lowers resistance to disease. Chiropractic helps the body function at its full potential. Join us in this life-changing endeavour.

# DS



## THE 33 PRINCIPLES OF CHIROPRACTIC

Written by R. W. Stephenson, D.C.

### 1. THE MAJOR PREMISE.

A Universal Intelligence is in all matter and continues through all its properties and actions, thus maintaining it in existence.

### 2. THE CHIROPRACTIC MEANING OF LIFE.

The expression of this intelligence through matter is the meaning of life.

### 3. THE UNION OF INTELLIGENCE AND MATTER.

Life is necessarily the union of intelligence and matter.

### 4. THE TRIUNE OF LIFE.

Life is a tri-unity having three necessary united factors: Intelligence, Force and Matter.

# HEA

## SERVING OUR COMMUNITY

Opportunities upon graduation as a chiropractor are virtually unlimited. Our graduates are practicing in many parts of the world including New Zealand, Australia, the UK, Europe, Asia and North America. Choices include practicing on your own, in partnership with a colleague, as an associate, or traveling as a locum – all plentiful options. A growing number of our graduates are entering multidisciplinary practices, engaging in research or teaching. Chiropractic specialties are also available in the areas of sports, pediatrics, neurology and geriatrics.

An important part of service is community participation. College students give public talks in the community and at corporate events, are involved in the annual 'Round the Bays' fun run, the 'Parent and Child Show', and a range of other community activities. Service at the College is highly valued.

**"Travelling from half way across the world to study Chiropractic in New Zealand has been an exceptionally great opportunity! Studying in an environment enriched with lively, friendly people is a great experience and I would recommend every international student definitely become part of the community here. You will feel greatly welcomed and most importantly, receive a degree that is recognised throughout the world."**

**- Dana Salih, student**

Chiropractic research is expanding rapidly with scope for further innovative research and investigation. In fact, in the final two years of study, students are actively involved in a chiropractic research project. Our Research Department is world-renowned and is headed by Dr Heidi Haavik-Taylor, who has been the recipient of numerous international research awards. Those who have an interest in education are guaranteed a challenge and sense of fulfillment in the area of teaching.

In recognition of quality and excellence, a number of awards are presented at the Annual Graduation Ceremony, honoring those students who have performed at the highest level in academics, clinical experience, radiology and philosophy.

Imagine a future where you live your passion on a daily basis as you help others to realize their health potential. A future where your contribution as a leader in healthcare not only provides you with success and financial freedom, it also enables you to create the life of your dreams. As a registered chiropractor, you will be able to maintain the important balance between career, family and leisure.



# SPORTS

